

The Despas Advisory Group

Investment Focus



Spring 2023



In this edition

Volatility Continues.....	1
Protecting Yourself & Others Against Scams.....	2
FHSA: A Potentially Valuable Tool.....	2
Estate Planning: I Don't Want to Act as Estate Executor	3
Don't Overlook the Impact of Taxes & Inflation on Investment Returns	3
Personal Finance Tips for Surviving Tough Economic Times.....	4

2018 Awards of Excellence

Best Asset Growth
Alberta & Okanagan

National Bank Financial Wealth Management

Suite 1100-10655 Southport Rd. SW
Calgary, AB T2W 4Y1

Tel.: 403-531-8400
Toll Free: 1-877-531-8400
Fax: 403-531-8413



Volatility Continues

It has been said that change is the only constant, and the investing world is no exception. For more than a year, we've seen the effects of a rapid change in inflation and interest rates on the financial markets.

These have been difficult times for investors. As the central banks have continued their fight against inflation, much of the financial market volatility has been driven by uncertainty over the path forward for interest rates. To start the year, good economic news was perceived as bad news by the markets. Stronger labour market and consumer spending data created worries that the central banks would continue raising rates to slow economies and bring down inflation. Now, new jitters have emerged as a result of the recent collapse of Silicon Valley Bank in the U.S. – the unfortunate reality that the aggressive rate hikes by the central banks were bound to have consequences.

For now, we can expect continued volatility. While it may be difficult to see beyond today, there will be a time when inflation is eventually brought under control, though patience has been needed. As investors, we would be wise to remember that changes in interest rates, inflation, monetary and economic policy and many other factors have always created near-term uncertainty in previous times. Every financial cycle has its own challenges that differ from those that came before. Throughout time, the companies that succeed in meeting the challenge of change are rewarded with higher stock prices. And, over time, in spite of the many challenges, economies have continued to grow, demonstrating our collective ability to adapt and advance. This time is no different.

One such reminder may come with the excitement generated by the artificial intelligence (AI) chatbox, ChatGPT. With its potential disruption capabilities, in a recent OpEd, Henry Kissinger went so far to say that the evolution of AI may "redefine human knowledge, accelerate changes in the fabric of our reality and reorganize society." While these are very early days – it is premature to suggest exactly how this technology will shape the future – ChatGPT demonstrates the human pursuit to innovate, one of the underlying drivers of growth throughout time. Business cycles have operated under long waves of innovation; Earlier revolutions, such as those sparked by the development of railroads, electricity and the automobile ignited waves of economic growth that lasted for many decades. Our focus has always been on the longer term, and though we face current challenges, there are many reasons to expect that future growth will continue.

Equally important, we are here to manage through the ever-changing times. A sound investment process involves having a plan to set priorities, assessing the changing landscape and the potential opportunities to come, in conjunction with the risks involved, and making informed decisions when necessary – all with a view for the longer term. Thoughtful analysis, evaluation and portfolio oversight are skills that should be trusted to help guide us through the unavoidable cycles. While it may be easy to get discouraged with current conditions, have the patience to see this period through. Try to look beyond today – we will get through this difficult period – there is growth that lies ahead.

1. <https://www.wsj.com/articles/chatgpt-heralds-an-intellectual-revolution-enlightenment-artificial-intelligence-homo-technicus-technology-cognition-morality-philosophy-774331c6>

"Take Five, Tell Two" – Protecting Yourself & Others Against Scams

A recent article in the popular press provides a candid reminder: "the fraud landscape is exploding...targeting anyone and everyone."¹ And, as the number of scams continues to grow, fraud has become increasingly sophisticated.

Phishing attacks, where deceptive messages fool victims into providing sensitive information, are now using multiple channels concurrently to target victims. For instance, scammers leave voicemails or texts about an email or phone call they just made to add credibility or increase the urgency of the request.² Scammers are increasingly forming longer-term relationships with victims to build credibility. In one type of financial scam, scammers befriend victims via text or social media, and over time eventually convince them to invest using websites that look like legitimate trading platforms. Victims are then tricked into thinking their investments are making money and are encouraged to invest more. This scam was commonly associated with cryptocurrencies, but has since evolved to focus on the gold market.³

How can we protect against these rising scams? As a starting point, one expert suggests adopting the approach of: "take five, tell two." If you are solicited by others, "take five minutes to think about it, and then talk to two different people about it before doing anything." This can prevent us from making rash decisions. Educating ourselves and others, especially the vulnerable, is also important. Often, there are common "red flags" that indicate a scam:

- ▶ **It seems too good to be true.** Many financial scams offer the opportunity for quick gains. If it appears too good to be true, it likely is.
- ▶ **Personal/financial information is requested.** Be wary when personal information of any kind is requested or asked to be confirmed. Credible sources are unlikely to ask for this.

- ▶ **There is a sense of urgency.** Many scams pressure individuals to act immediately or focus on lost opportunity or penalties to evoke fear.
- ▶ **There is secrecy or you are made to feel guilty.** Scams often try to evoke feelings of guilt or shame, or prey on loneliness or isolation. In many cases, victims are asked to keep matters secret.

It goes without saying that we should all maintain a sense of vigilance when it comes to sharing our personal information. Not responding can be one of the best ways to stay safe. Don't answer a call if you don't recognize the caller; often a scammer's goal is to find out if a phone line is active. Never respond to emails, text messages or social media requests from unknown sources. If you aren't certain if a situation is credible, double check. An internet search can often determine if others have received similar messages/calls. Or, if a source claims to be a legitimate company, try calling a general number found on the internet.

There are tools that can add an additional layer of protection. Anti-phishing software and other cyber security tools can help protect against potential attacks. Many mobile phone companies now offer "call control" that can help screen out robo-callers or spammers.

Stay updated on evolving scams and new targeting methods. Many online resources report the latest scams and offer ways to protect against fraud: Better Business Bureau, www.bbb.org/ca/news/scams; Canadian Anti-Fraud Centre, www.antifraudcentre-centreantifraude.ca

1. www.cbc.ca/news/canada/toronto/fraud-scams-tips-avoid-ontario-1.6764432;
2. www.cnn.com/2023/01/07/phishing-attacks-are-increasing-and-getting-more-sophisticated.html; 3. www.consumeraffairs.com/news/fools-gold-the-story-behind-a-fake-gold-market-pig-butcher-scams-021523.html

Educating (Grand)Kids: The FHSA – A Potentially Valuable Tool

With the cost of home ownership becoming increasingly out of reach for many younger folks, our clients often have questions about the opportunity to assist (grand)children with buying a home or condo.

There are a variety of ways to help fund a (grand)child's property, including purchasing the property in your name, gifting cash for the purchase or lending funds to the child. Each comes with various tax and family law issues. For example, if the home is not designated as a principal residence, there may be future significant tax consequences to the owner on any capital gain realized upon its sale. Or, if the child is married/common-law, there may be concerns about what will happen to the property if the couple splits. As always, we recommend seeking advice from tax and family law experts.

Planning Ahead

If (grand)children are still years away from a first home purchase, the First Home Savings Account (FHSA) may be a valuable tool. The FHSA is a registered plan that combines the tax benefits of the RRSP and TFSA; tax-free in and tax-free out. Eligible Canadian residents ages 18 and over can contribute up to \$8,000 per year, to a maximum of \$40,000, toward a first home. Contributions are tax deductible, and qualified withdrawals are tax free. The FHSA can remain open for 15 years.*

While the limit has been criticized as being too low given current housing prices, the potential to invest funds and allow them to grow in the FHSA may be significant (chart). A couple who are both first-time home buyers could potentially each access the FHSA. As well, the rules now permit the use of the existing Home Buyers' Plan (HBP) alongside the FHSA.¹ The HBP allows first-time buyers to withdraw up to \$35,000 from the RRSP, subject to repayment in 15 years and other conditions. Together, these tools could provide a substantial down payment for a home.

Potential Growth of FHSA in 15 Years – Assuming 5% Annual Growth; Not Including Tax Benefit from Contribution

Year	Contribution	Start of Year	Growth	End of Year
1	\$8,000	\$8,000	\$400	\$8,400
2	\$8,000	\$16,400	\$820	\$17,220
3	\$8,000	\$25,220	\$1,261	\$26,481
4	\$8,000	\$34,481	\$1,724	\$36,205
5	\$8,000	\$44,205	\$2,210	\$46,415
...15	–	\$72,005	\$3,600	\$75,606

If you are having conversations with (grand)children about saving for the future, the FHSA may be an important consideration. If you are in need of support with this, or any other financial literacy discussions with adult children, please don't hesitate to reach out.

*This article is intended to provide a brief overview of the rules. For more information, please get in touch; 1. This was changed from the original proposals in Budget 2022.

Estate Planning: I Don't Want to Act as Estate Executor

It can be an honour to be named as estate executor (liquidator),* as it signifies a person's trust that you will carry out their wishes as intended. Sometimes individuals accept the position without fully understanding the duties or responsibilities that come with the role. Or, circumstances can change and the person may no longer be able to assume the role, perhaps due to health issues, incapacity, job change or a move to another province or country, which can make the role challenging or difficult.

What happens if the named executor decides that they aren't able to carry out the duties – or maybe that they no longer want to?

It is possible to step down from the position. If the executor hasn't yet applied for probate, they are generally able to renounce the role as executor by providing formal documentation to the courts.** However, if the executor has applied for probate and started administering the estate (called "intermeddling"), renouncing the role may be more difficult. They may need to apply to the courts and provide an explanation of why they wish to step down. Since the estate administration has begun, they may be held liable by the beneficiaries for any loss in value to the estate. It is also possible that the court could refuse this request, especially if the executor is well into administering the estate.

As you consider your own estate's executor...

- › Make sure the person you ask is comfortable in the role;
- › Consider naming an alternate executor;

- › Periodically review your named executor's circumstances to account for changes. Reach out to them to discuss their current capacity to ensure they are still willing and able;
- › Don't be afraid to consider the support of a corporate executor, to act alongside an appointed executor or as sole executor.

If you are asked to be someone's executor...

- › Recognize that the role can be difficult and may involve many hours of work, emotions and potentially complex family dynamics;
- › Don't be afraid to ask questions. Is it a complex estate? Are there any potential surprises that may emerge?
- › Remember this is a fiduciary role with legal obligations and liabilities;
- › If your circumstances change, make sure to let the person know. This includes if you plan on moving jurisdictions, face health issues or have a change in responsibilities that make it difficult to assume the role.
- › Don't be afraid to say no if you don't think you can handle the obligation.

As always, consult an estate planning professional as it relates to your particular situation.

*For the purposes of this article, we refer to the person who has been appointed to settle the estate as the executor, also called the liquidator in Quebec, and may go by other terms based on province of residence. ** ***May vary by province: i.e., in QC, the liquidator cannot refuse the role if they are sole heir.

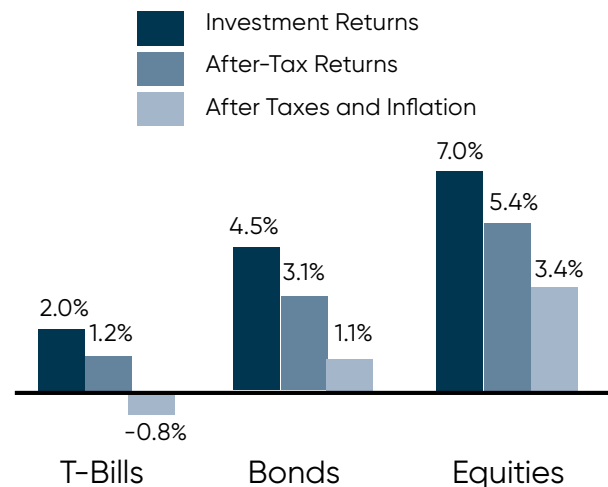
Don't Overlook the Impact of Taxes & Inflation on Investment Returns

As a reminder, when we think about our investments, consider the impact of taxes on returns. And, as inflation continues to be at above-average levels, we should also not overlook its effect on returns.

Consider the way that different types of investments in non-registered accounts are taxed. Interest income from fixed-income investments like guaranteed investment certificates or treasury bills is taxed at an investor's highest marginal tax rate, similar to regular income. Equities receive the most favourable tax treatment because only 50 percent of the capital gain is subject to income tax. Dividend income is generally taxed at a lower rate than interest income because of the dividend tax credit that applies to most dividends received from eligible Canadian corporations.

Inflation can also erode an investment's returns as it reduces purchasing power over time. Today, as interest rates have risen to levels not seen in decades, there may be excitement at the prospect of achieving a four percent rate of return on low-risk, fixed-income investments like guaranteed investment certificates (GICs). While the "nominal" return – before inflation – may be around 4 percent, with inflation hovering around 6 percent today, the "real" return ends up being negative, at around –2 percent, and this is even before considering taxes. Today, savers can't even keep up with declining purchasing power. Of course, historically, interest rates have generally been higher than the inflation rate, which makes today's situation unique. And, inflation isn't expected to remain at these elevated levels; it continues to show signs of moderating. Since 1990, the longer-term average inflation rate – and the target of the central banks – has been closer to 2 percent. The chart shows the potential effect of both taxes and inflation on varying investment returns in a non-registered account based on longer-term averages (illustrative).

The Impact of Tax and Inflation on Investment Returns (Illustrative)



*Based on non-registered accounts. Assumes 40% tax rate on interest income; 20% on capital gains; 30% on dividend income. 2% long-term inflation rate. T-Bill returns: 2% interest income; Bond returns: 2.0% capital gains; 2.5% interest income; Equity returns: 5.0% capital gains; 2.0% dividend income.

The bottom line? As investors, we need to ensure that our assets can grow enough to offset the potential effects of inflation. History has shown that being invested in equities over the longer term has been a good way to stay ahead of inflation. We also should not overlook the impact that taxes can have on our investment returns, using tax-advantaged accounts, such as the RRSP and TFSA to our benefit. The opportunity to allow investments to grow over time while being sheltered from taxes has never been more important.

Personal Finance Tips for Surviving Tough Economic Times

Are we in for a “hard” or a “soft landing”...or “no landing” at all? While we can never control the timing of more challenging economic times, there may be ways to better survive...and even thrive.

This was the conclusion of a Harvard study that looked at the performance of 4,700 public companies through three recent recessions. While 17 percent fared particularly badly, almost 10 percent did the opposite: they flourished, outperforming competitors by at least 10 percent in sales and profit growth.¹ What made the difference? Preparation. When a downturn eventually hit, companies with contingency plans that had thought through alternative scenarios could switch to survival mode and react defensively.

This may be equally applicable to our personal financial positions. How we survive – and possibly thrive – through a downturn may come down to how well we prepare. In this regard, here are some personal finance ideas that may be valuable regardless of the prevailing economic conditions:

- 1 Maintain an Emergency Fund** – This typically consists of the equivalent of three to six months of living expenses set aside in the event of an unforeseen financial situation, such as job loss, illness or damage to your home. While the obvious benefit is to help buffer against financial hardship, it can help to avoid taking on debt. For high-net-worth individuals, an emergency fund may be useful to prevent the need to liquidate investments on short notice.
- 2 Take Stock of Your Cash Flows** – Having visibility over your cash inflows and outflows can help better plan your finances. A personal cash flow statement provides a snapshot of your sources of income, as well as what you’re spending and saving. Many of us have good visibility over our income, but we may not have as clear a picture of where our funds are going. Often, when our clients undertake this exercise, they discover their expenses aren’t exactly what they thought. Once you determine how much you are spending, you can incorporate different rules for managing money. For instance, some set goals like the “50/30/20 Rule,” which budgets 50 percent of inflows for needs, 30 percent for wants and 20 percent for saving and investing.
- 3 Prioritize Your Spending** – There may be an opportunity to increase savings by cutting back on non-essential spending. Debt-relief experts suggest that there are common ways we can all reduce expenses, such as focusing on insurance, unused memberships or subscriptions and “unconscious spending.”² For instance, consider revisiting insurance coverage to negotiate better rates through bundling (i.e., home and auto insurance), raising a deductible or dropping non-essential add-ons. Or, you may be unknowingly paying for unused subscriptions, especially if you signed up for a free trial that has since been forgotten. There may be areas to reduce unconscious spending: thoughtless purchases made out of convenience, such as one-click online purchases, expensive coffees or food delivery that add up over time.
- 4 Pay Down Debt** – Historically low interest rates made it easy and affordable to assume debt. With rising rates, the cost of debt has increased. If you hold debt, it may be beneficial to focus on paying it down. Consider prioritizing debt subject to the highest interest rates first, such as credit card debt, to reduce the interest paid and allow the principal to be paid down. If you hold a mortgage that will be renewing, shop around to get the best rate possible.
- 5 Review Your Goals** – One way to help keep on track is to review your wealth plan to see how you are tracking to your goals. Wealth management can consist of many elements, not just your investments. Tax strategies, insurance planning, risk management/contingency planning, retirement planning, business succession planning and estate planning can all contribute to building wealth. Remember that we are here to assist.

1. <http://hbr.org/2019/05/how-to-survive-a-recession-and-thrive-afterward>;
2. <https://www.cnn.com/select/ways-people-waste-money/>

National Bank Financial – Wealth Management
Suite 1100–10655 Southport Rd. SW
Calgary, AB T2W 4Y1
Tel.: 403-531-8400
Toll Free: 1-877-531-8400
Fax: 403-531-8413

Dean Despas, CIM®
Senior Wealth Advisor
Direct: 403-531-8431
Cell: 403-630-0243
dean.despas@nbc.ca

Charlene Procysen, B.ADM
Senior Wealth Associate
Direct: 403-531-8463
charlene.procysen@nbc.ca



**NATIONAL BANK
FINANCIAL**
WEALTH MANAGEMENT

**THE
DESPAS** | **ADVISORY
GROUP**

CLARITY | GUIDANCE | TRUST

The securities or sectors mentioned in this letter are not suitable for all types of investors and should not be considered as recommendations. Please consult your investment advisor to verify whether this security or sector is suitable for you and to obtain complete information, including the main risk factors. The particulars contained herein were obtained from sources we believe to be reliable, but are not guaranteed by us and may be incomplete. The opinions expressed are based upon our analysis and interpretation of these particulars and are not to be construed as a solicitation or offer to buy or sell the securities mentioned herein. National Bank Financial – Wealth Management (NBFWM) is a division of National Bank Financial Inc. (NBF), as well as a trademark owned by National Bank of Canada (NBC) that is used under licence by NBF. NBF is a member of the Investment Industry Regulatory Organization of Canada (IIROC) and the Canadian Investor Protection Fund (CIPF), and is a wholly owned subsidiary of NBC, a public company listed on the Toronto Stock Exchange (TSX: NA). This newsletter has been prepared under contract for the Investment Advisor noted by J. Hirasawa & Associates, and is published for general information only. Content copyright by the publishers and may not be reproduced without written permission. Statistics, factual data and other information are from sources that we believe to be reliable but we cannot guarantee their accuracy. It is furnished on the basis and understanding that the author and its affiliates are to be under no liability whatsoever in respect thereof.